



LA VENTANA
TREATMENT PROGRAMS



SANTA MONICA • THOUSAND OAKS

Substance Use and Co-Occurring Disorders Treatment

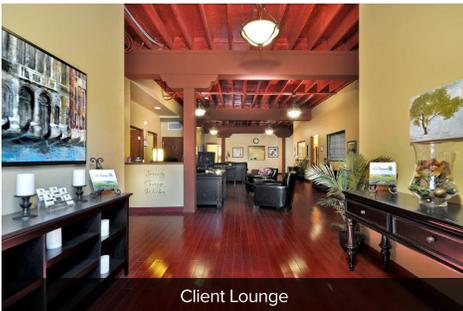
La Ventana’s approach to substance use and co-occurring disorder treatment is holistic, individually tailored, and grounded in evidence-based research. We believe addiction is a chronic neurobiological disease where the pleasure, motivation, and reward centers of the brain form pathological circuitry related to substance abuse. The disease of addiction not only affects the body, but it also creates illness in the mind and the spirit. Our treatment is multi-modal: we address the biological, psychological, social, spiritual, and nutritional manifestations of the disease. Our multidisciplinary team expertly craft individual treatment plans that include psychiatric and medical care, as well as individual, family and group psychotherapy. We utilize traditional therapies, dynamic experiential therapies and comprehensive case management. Our client to staff ratio is exceptionally low allowing for customized treatment plans and highly accessible, individualized attention for each client.

OUR CONTINUUM OF CARE

Detoxification • Residential Treatment Center (RTC)

Partial Hospitalization Program (PHP) • Intensive Outpatient Program (IOP)

Structured Transitional Living



Client Lounge



Transitional Living Home

WHAT MAKES LA VENTANA UNIQUE

- Family owned and operated since 2007. There is no substitute for passion and experience.
- DHCS licensed and certified, ASAM designated and JCAHO accredited.
- IN-NETWORK with most major insurance providers (PPO, HMO, EPO) & affordable cash rate.
- Beautiful residential homes nestled in quiet neighborhoods between the mountains and beautiful ocean of Southern California.
- Medical Director highly experienced in addiction medicine, board certified and specialty trained.
- Low client to staff ratio ensuring staff accessibility and individualized care.
- Powerfully healing Family Immersion Program.
- Signature Integrated program for co-occurring substance abuse and mental health diagnoses.
- Evidenced-Based Therapies alongside dynamic Experiential and Holistic Therapies for trauma & addiction: CBT, DBT, ACT, Creative Art Therapies, Music in Recovery Program, Equine-Assisted Therapy, Sound Bath, Meditation, & Mindfulness Groups.
- Physical Fitness Program - including gym membership.
- Adventure Therapy - local hikes & outings; Community Service Projects.
- Case Management provided for each client to assure vital aftercare, including Life Skills & Goal Setting.
- Chef-prepared meals, catering to the unique dietary needs of each client at the Residential level of care.
- Thriving alumni community & on-going aftercare support groups.

WE ARE IN NETWORK WITH MOST MAJOR INSURANCE PROVIDERS



Privately owned and operated, healing families since 2007

LAVENTANATREATMENT.COM | ADMISSIONS: (800) 560-8518